



Case report

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Milan Knezevic¹, Mario Vicente-Barrero¹
Sergio Dominguez¹, Francisco Garcia Jimenez¹
Juan Luis Alfonso Martin², Sladjana Petrovic³
Dragan Petrovic⁴

¹Faculty of Medical and Health Sciences,
Stomatology, Oral and Maxillofacial
Surgery Department, University Hospital
Insular, Las Palmas, Spain

²Anatomical Pathology, University Hospital
Insular, Las Palmas, Spain

³Institute of Radiology, Clinical Centre Nis
Faculty of Medicine, University of Nis, Serbia

⁴Dentistry Clinic, Faculty of Medicine
University of Nis, Serbia

NEURALGIFORM OROFACIAL PAIN PRODUCED BY OSTEONECROSIS OF THE JAWS: A CASE REPORT

SUMMARY

The paper presents a case of osteonecrosis of the jaw bones with severe orofacial pain as the main symptom. The mechanism of osteonecrosis development, as well as its evolution before and after the pain is discussed, too. Suggestions for the treatment in the post-neuralgiform period are given in the text. A brief overview of the literature is presented in discussion in this article.

Key words: osteonecrosis of jaw bones, neurogenic orofacial pain

INTRODUCTION

In the decade from 1970s to 1980s, neurogenic pain in the jaws was associated with osteonecrosis. The term already suggested, alveolar cavitory osteopathy, soon after related to the term of its sequel: neuralgia induced by cavitory osteonecrosis (NICO: neuralgia inducing cavitational osteonecrosis).

Defined as the syndrome of chronic neurogenous orofacial pain, induced by necrosis of the bone of alveolar maxillary processus, without pus and with intraosseous cavitations of the diameter not clearly detectable by conventional radiography (1).

Case report

The patient, 43 years old, was referred to our clinic because of severe, neuralgiform pain in the mandibular region (in the edentulous zone of premolar and first molar on the right). The pain was described as paroxysmal, very intense, in intervals lasting more than 10 hours. However, he had a constant pain that lasted for several days, not very severe but persistent. Conventional radiographic assays were performed (periapical-retroalveolar

radiogram and orthopantomography), which delineated mild radiolucency of the region, without any significant bone destruction (*Figure 1*).

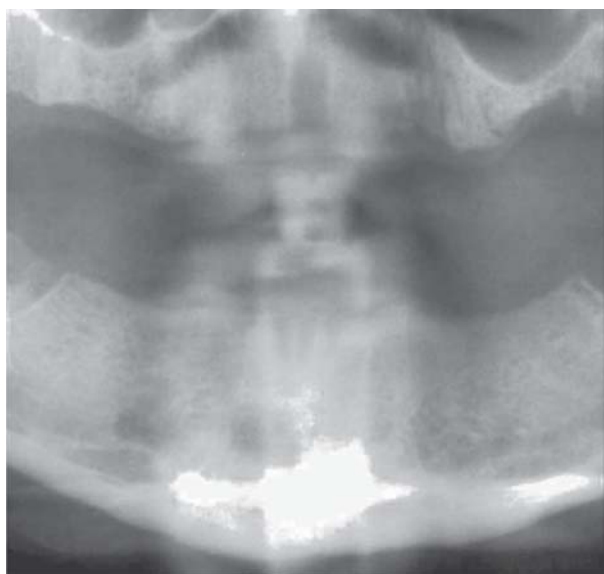


Figure 1: Radiograph of the lesion presenting mild osteolysis without significant bone destruction

Nevertheless, our decision was to perform surgical revision – curettage of the lesion – and the

material obtained was sent for pathohistologic analysis, which confirmed the elements of chronic-type osteonecrosis (Figure 2).

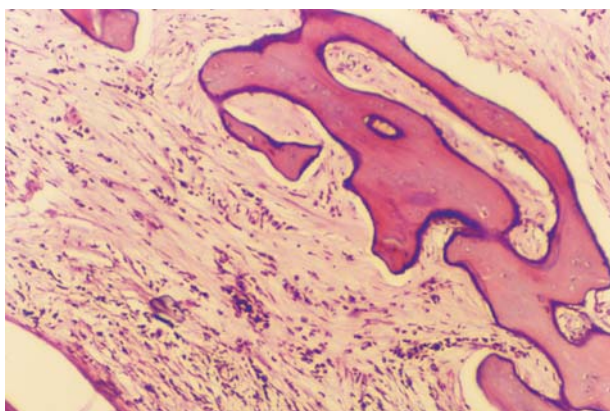


Figure 2: Histopathological finding indicating the process of chronic osteonecrosis

DISCUSSION

Two possible mechanisms of NICO pathogenesis could be supposed and argued based on the evidence: infectious and ischemic. The infection theory claims that the formation of intraosseous cavities is related to the presence of chronic periapical processes in the jaw bone before and after tooth extraction. However, many authors agree that this theory is not based on clear evidence (2, 3).

The theory of ischemia states that pain in NICO could be attributed to the changes in intraosseous fluid dynamics due to ischemia and inflammatory mediators, rather than to the changes because of local nerve injury.

In the study of Bouquet et al. (1), similarity of the generation of NICO after cavitory alveolar osteopathy of the jaws on one side and avascular necrosis of the femoral head (where fat necrosis and medullary fibrosis – with limited neutrophil and histiocyte numbers – are present).

Another analysis, presented by Grupo and Gluck (4, 5) comprised patients with severe orofacial pain and intraosseous cavitory osteopathy, where thrombocytophyllic alteration was assessed.

The authors concluded that thrombocytophyllic alteration can be a significant risk factor for cavitory alveolar osteopathy and femoral head osteonecrosis.

It has been accepted that osteonecrosis of the jaws can be the consequence of thrombosis which causes the obstruction of alveolar spaces and compromised blood flow (6, 7).

In these cases, reduced intramedullar pressure is induced, which produces hypoxia and cell death.

Toxins, immunoglobulins and inflammatory mediators, released from the sites of ischemia and necrosis, strongly stimulate nerve endings, provoking thus neuralgiform pain (Figure 3).

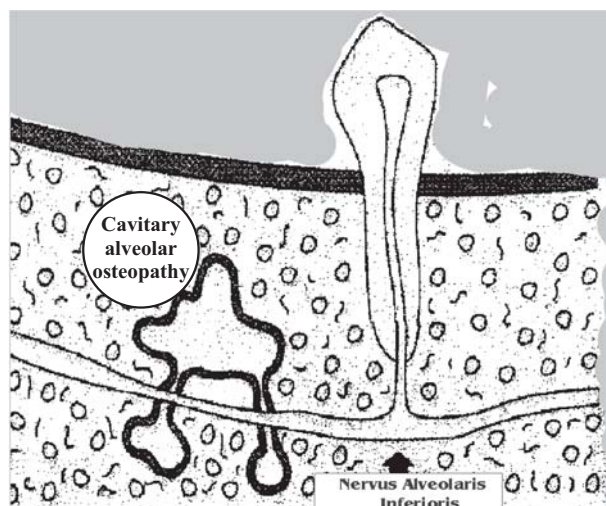


Figure 3: Graphical presentation of cavitory alveolar osteonecrosis which could account for the pain in the region of n. alveolaris inferiores

Published papers indicate that cavitory alveolar osteopathy is more common in women than in men. Ratner et al. (8) found female to male proportion of 4:1; Roberts et al. (9) the proportion of 2,4:1, and Bouquet et al. (1) reported the proportion of 3:1; all of them reported the age group of 40-60 years. The principal, striking symptom in patients with cavitory alveolar osteopathy is severe pain in the mouth cavity, dentoalveolar region and face as a whole. This pain was located in the innervation area of the trigeminal nerve; it was very strong, sudden and uncontrollable (paroxysmal), though, occasionally, continual (8, 10). It was located in the portion of the jaw bone where a tooth had been previously extracted. It can be bilateral and involve either maxilla or mandible.

The pain does not occur during sleep and can be completely or partially suppressed by the application (infiltration) of local analgesic into the pain-involved region. Clinical exploration of peripheral parts of the cranial nerves does not reveal any changes (8-10).

Pain-involved regions, as noticed by inspection, were edentulous.

There are several possible ways to record osseous alterations in the jaws, though the methods that have been utilized up to the present offer only a partial solution: conventional radiographic study (periapical intraoral, extraoral panoramic, and lateral mandibular), computerized tomography, where minor osteolytic zones may be noticed in the bones, nuclear magnetic resonance and computerized

tomography with simplified emission of technetium 99 protons (11).

The latter assay would be a diagnostic method of choice in the diagnosis of intraosseous infarctions and ischemia-related changes, identifying, as a rule, "hot spots" which demarcate reduced vascularization zones (12).

Bouquet and Roberts (3) described radiographic findings as radiopaque lesions similar to soap bubbles, poorly delineated, and also radio-opaque forms of cotton swabs, or the absence of normal ossification with the presence of lamina dura in the extraction zone.

The treatment consists of complete resection of appropriate bone tissue in the pain zone, identifying it under the action of local analgesia.

After the removal of the suspected bone fragment, curettage of the bone marrow is performed. Ratner et al. (8) defined the criteria of a successful treatment in view of reduced intensity and pain duration.

Of the patients treated by Ratner (8), 90% had alleviated pain, which oscillated in the period from two months to nine years.

Bouquet and Christian (13) published the results of their retrospective analysis of 242 patients treated between 1971 and 1988; the analysis was based on a questionnaire with 16 questions on pain characteristics. The pain, on average, disappeared in the period of 4,6 years (in the range from 6 months to 18 years).

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NEUROGENI OROFACIJALNI BOL IZAZVAN OSTEONEKROZOM VILICA: PRIKAZ SLUČAJA

Milan Knežević¹, Mario Vicente-Barrero¹, Sergio Dominguez¹, Francisco Garcia Jimenez¹, Juan Luis Alfonso Martin², Slađana Petrović³, Dragan Petrović⁴

¹Fakultet medicinskih i zdravstvenih nauka, Odeljenje za stomatološku, oralnu i maksilofacijalnu hirurgiju, Univerzitetska bolnica Insular, Las Palmas, Španija

²Anatomska patologija, Univerzitetska bolnica Insular, Las Palmas, Španija

³Institut za radiologiju, Klinički centar Niš, Medicinski fakultet Univerziteta u Nišu, Srbija

⁴Stomatološka klinika, Medicinski fakultet Univerziteta u Nišu, Srbija

SAŽETAK

U ovom radu prikazujemo slučaj osteonekroze viličnih kostiju sa neurogenim orofacijalnim bolom kao glavnim simptomom. Prikazan je mehanizam nastanka osteonekroze i njena evolucija do i posle pojave bola. Predlog za lečenje u postneuralgiformnom periodu je naveden u tekstu. Kratak pregled literature zauzima deo diskusije u ovom članku.

Ključne reči: osteonekroza vilica, neuralgiformni orofacijalni bol